

Mobility and Aging in Vermont

Vermont Association of Area Agencies on Aging (Vermont 4A),
Annual Conference, 9/15/17, Killington, Vermont

Barbara Donovan, 802-828-2828, barbara.donovan@vermont.gov

How to be mobile as you age in Vermont

- What does transportation look like in Vermont for the elderly
- How did we get here (a little history)
- Current Status
- New Initiatives
- What people want vs. what they will use
- How do we move forward, your turn

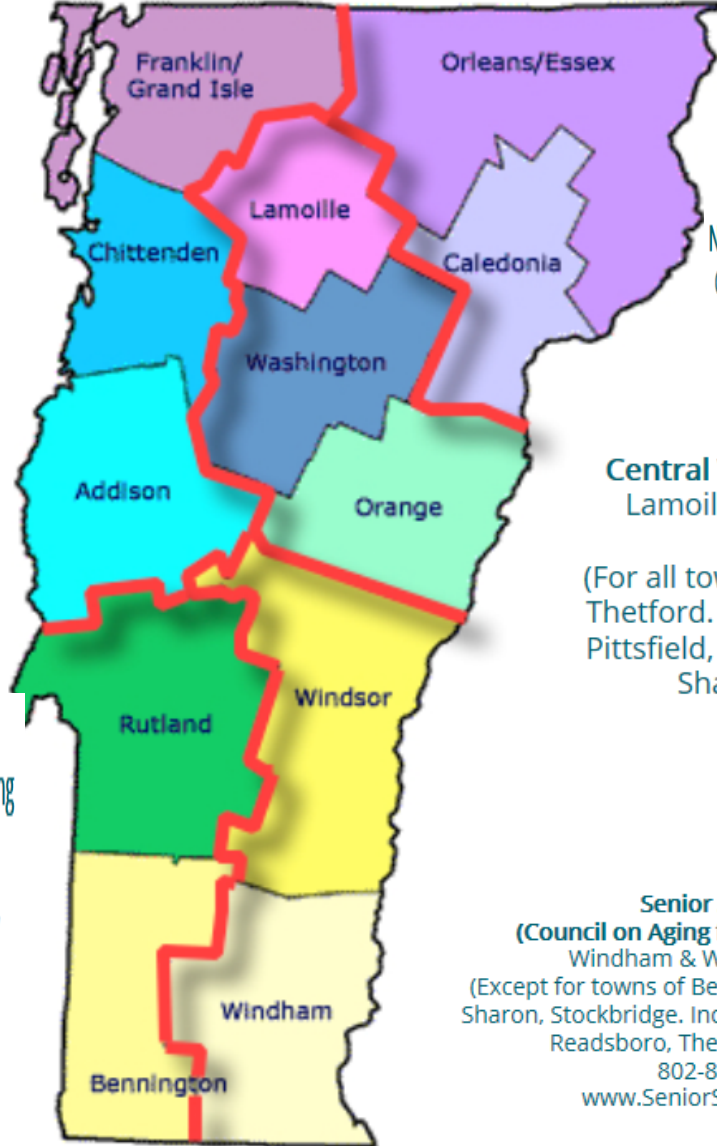
Vermont's Area Agencies on Aging

Age Well

(formerly Champlain Valley Agency on Aging) Addison, Chittenden, Franklin & Grand Isle Counties (Except for towns of Granville and Hancock)

802-865-0360

www.agewellvt.org



Northeast Kingdom Council on Aging
Caledonia, Essex & Orleans Counties
802-748-5182
www.nekcouncil.org

Central Vermont Council on Aging
Lamoille, Orange, & Washington Counties
(For all towns in these counties except Thetford. Includes Granville, Hancock, Pittsfield, Eethel, Rochester, Royalton, Sharon and Stockbridge)
877-379-2600
www.cvcoa.org

Senior Solutions
(Council on Aging for Southeastern VT)
Windham & Windsor Counties
(Except for towns of Bethel, Rochester, Stockbridge. Includes Ferrisburgh, Readsboro, Readsboro, Thetford, and Winhall)
802-883-2655
www.SeniorSolutionsVT.org

Southwestern Vermont Council on Aging

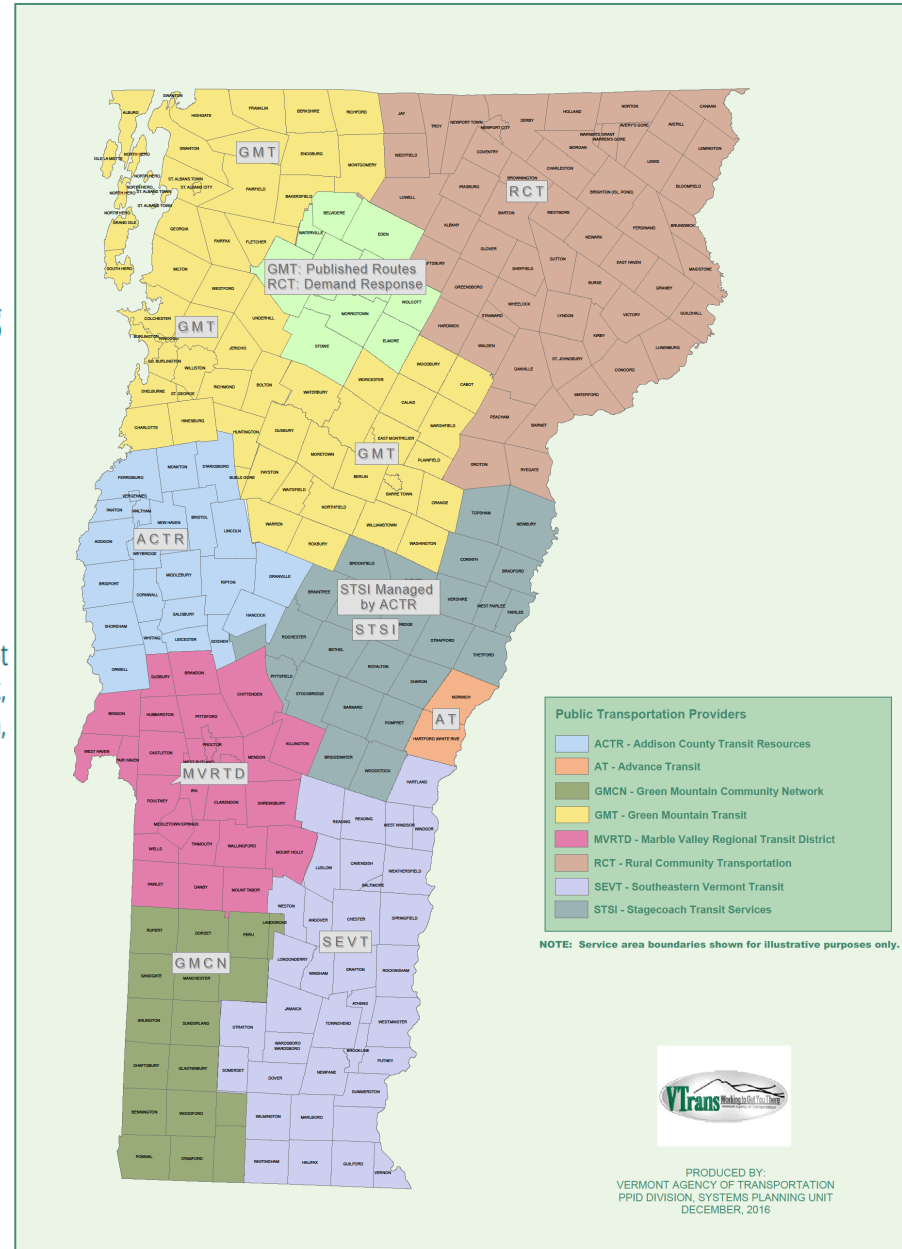
Bennington & Rutland Counties
(Except for towns of Pittsfield, Winhall,

Readsboro, Searsburg)

802-786-5990

www.svcoa.org

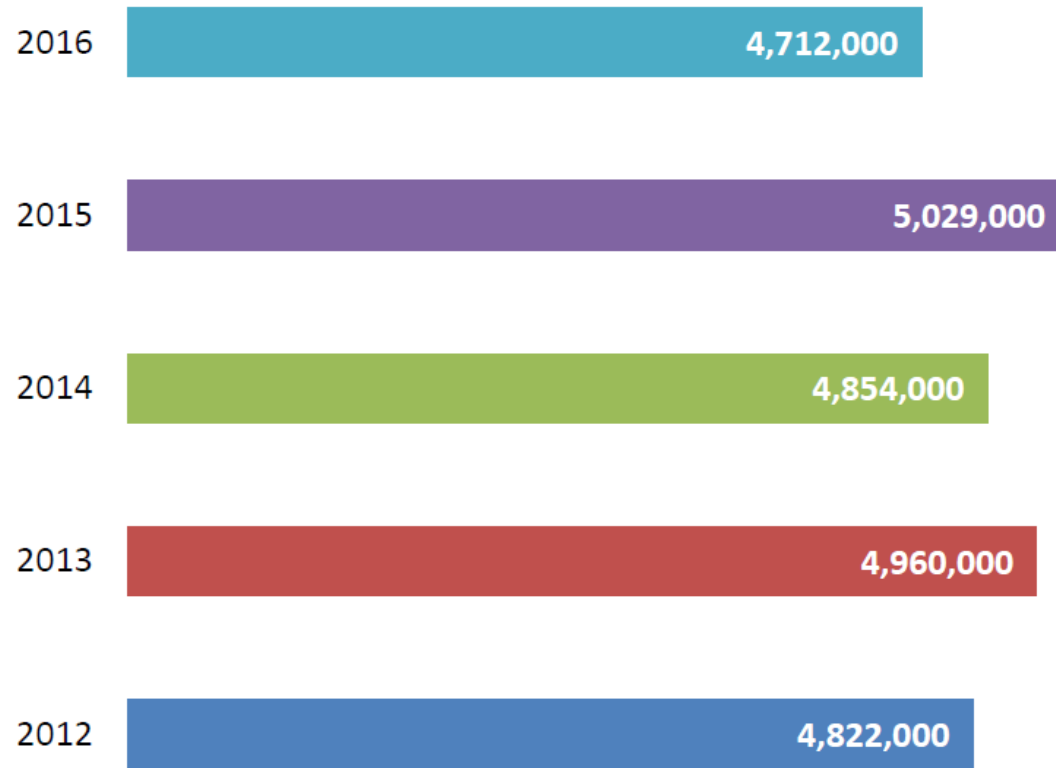
Vermont's Public Transportation Providers



PRODUCED BY:
VERMONT AGENCY OF TRANSPORTATION
PPID DIVISION, SYSTEMS PLANNING UNIT
DECEMBER, 2016

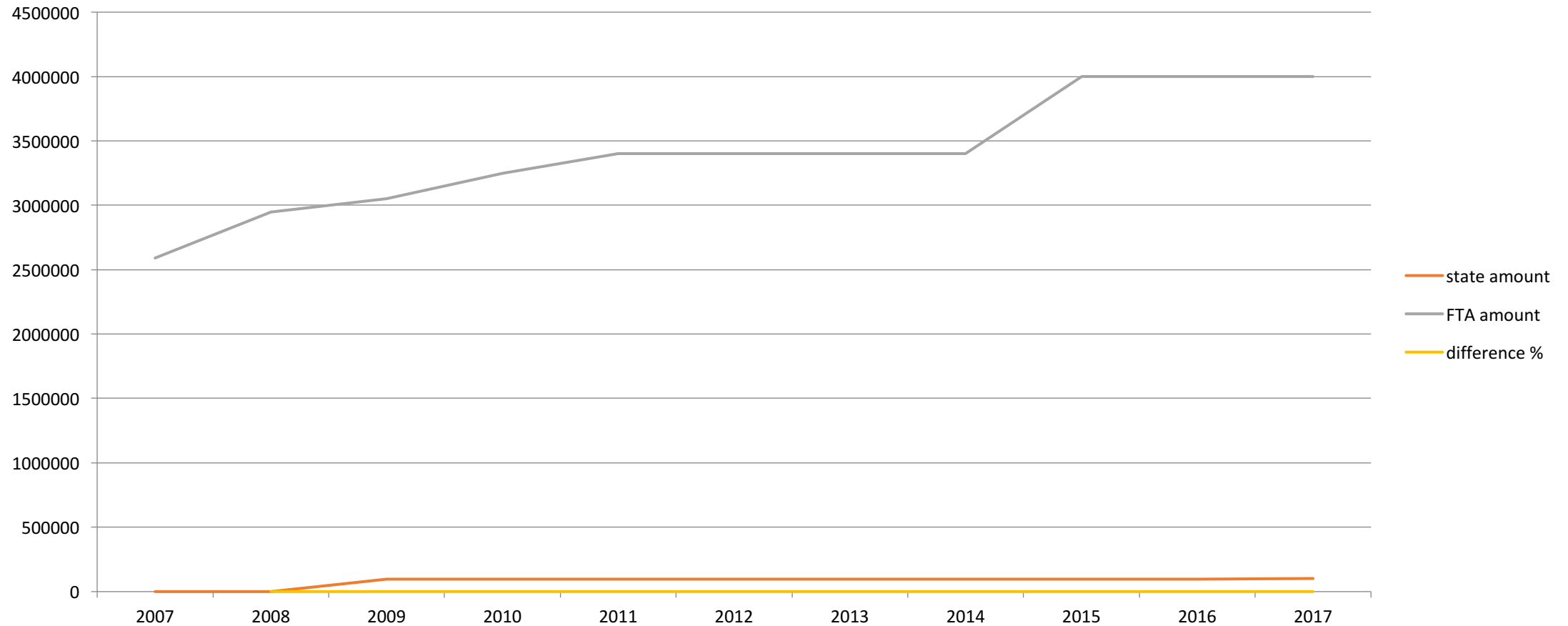
How did we get here:

Figure 2: Total Ridership



Note: The 2012-2015 numbers have been updated from past reports to account for trips provided by ACTR's sub-grantee.

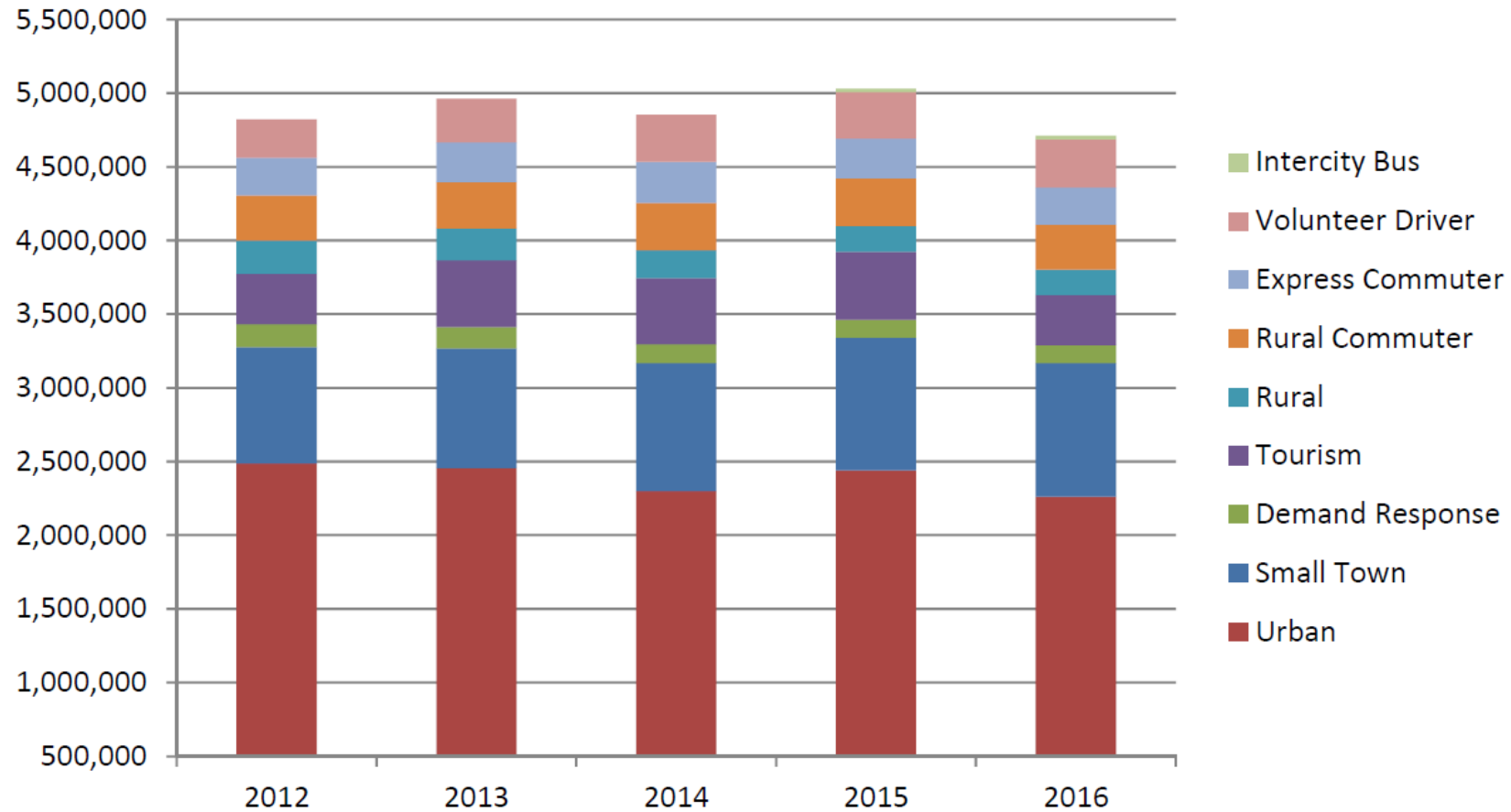
Funding over time, E&D, Vermont



*Specialized E&D funding began in 2006

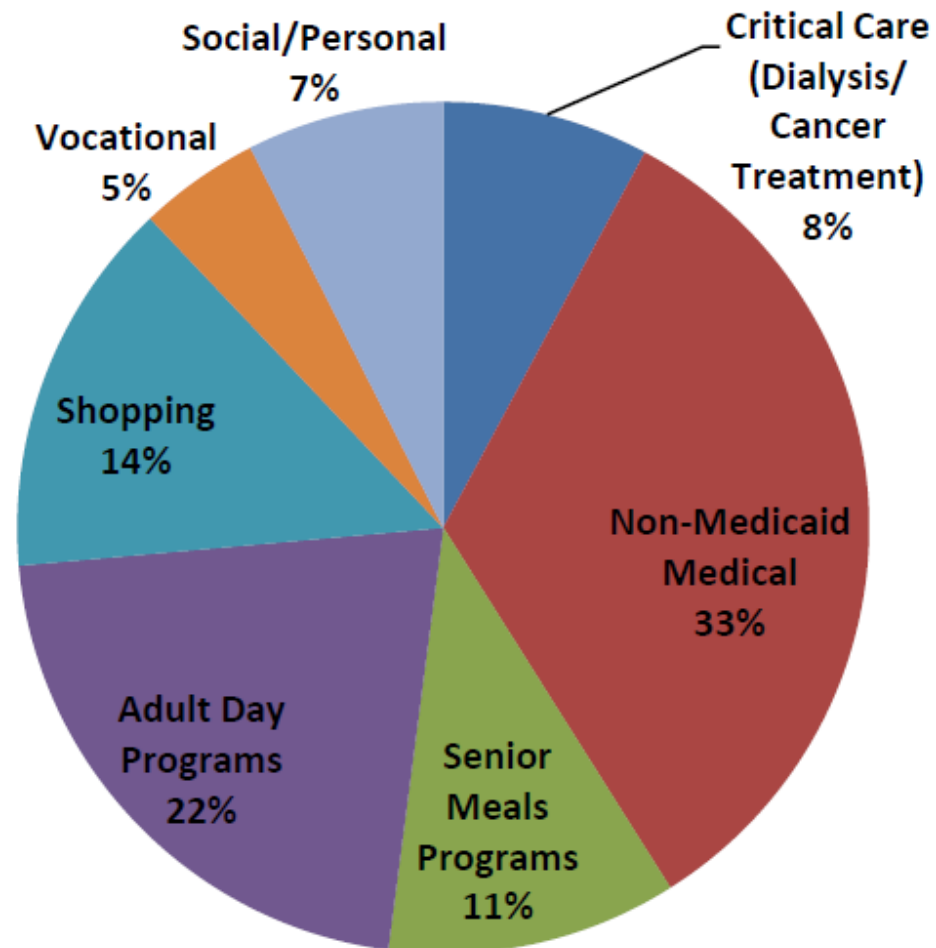
Current Status: Types of Service in Vermont

Figure 3: Transit Ridership by Service Category



Types of destinations for E&D

Figure 13: E&D Trip by Type in SFY 2016



New initiatives

- Service to Albany from Colchester down Rt. 7 to Bennington and over (3 years). 1 round trip/day, access bus and airport (taxi or local bus to train).
- Service from Manchester to Bennington to Albany, started August 25, 2017. 2 round trips daily, direct to Amtrak station, then bus, then airport, waits for northbound train.
- Rides to Wellness, creating a mobility management process for medical centers and riders.
- Web-based, Travelocity-type options for accessing all services across Vermont. Currently we have all fixed route information mapped in applications like Google Transit, Hop Stop, etc.

What people want vs what they will use

- Everyone wants mobility at any age
- As options for personal mobility decrease, people want it more. Ideally they'd like a service to go by their house every 10 minutes so they can just go outside and hop on and get where they want to go with no notice. If they've always driven everywhere, this is their ideal.
- Interestingly enough, people actually use mobility less than they want to have it available. This makes it tricky to supply service based on expressed desire.

How do we move forward, your turn

- What we've seen that works, putting the cost out there and letting the rider chose to manage their account (Ticket to Ride), ways to earn rides while they are still driving or their friends/family are, create a way to allow donations to their account (Christmas present), other ideas? individual
- What professional workers need and what riders need are often different.
- See questions, surveys on your seat? I'd like to know from you, in an informal way, the type of service you envision would work for you and those you care for. Also, if you'd like to ask any of those questions or others you have.

Questions???

Are you someone who needs a ride? 😊

- If you could change one thing about transit/mobility in Vermont, what would it be? _____
- What would it take to get an “A” grade for transit/mobility in Vermont? _____
- What questions should we be asking people? _____
- How many trips do you think people take vs how many they think they want? _____

Survey???

Are you responsible for arranging mobility for others? 😊

- If you could change one thing about transit/mobility in Vermont, what would it be? _____
- What would it take to get an “A” grade for transit/mobility in Vermont? _____
- What questions should we be asking people? _____
- How many trips do you think people take vs how many they think they want? _____

Contact Info:

Vermont Agency of Transportation

1 National Life Dr.

Montpelier, VT 05633-5001

vtrans.vermont.gov

vtrans.vermont.gov/public-transit

general # 802-828-2657

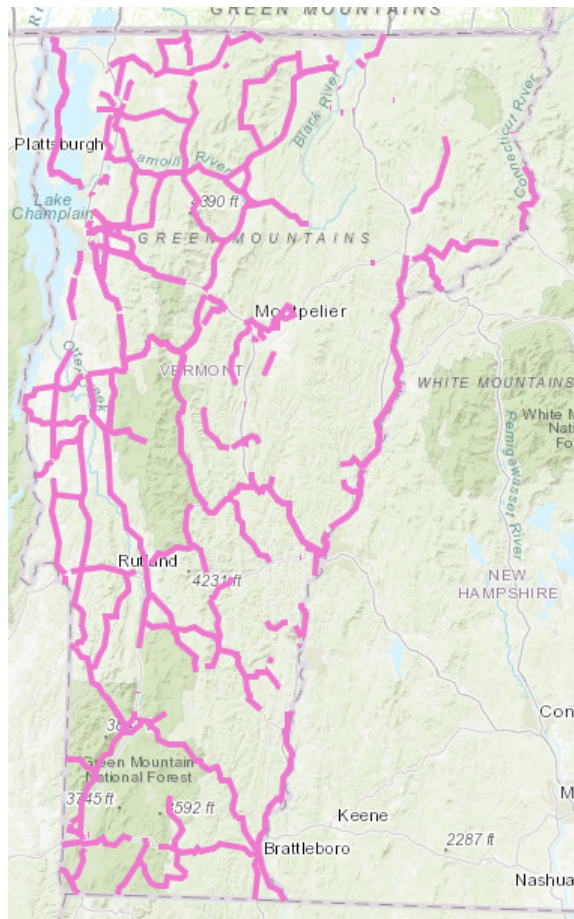
Barbara Donovan, Public Transit Program Manager

barbara.donovan@vermont.gov

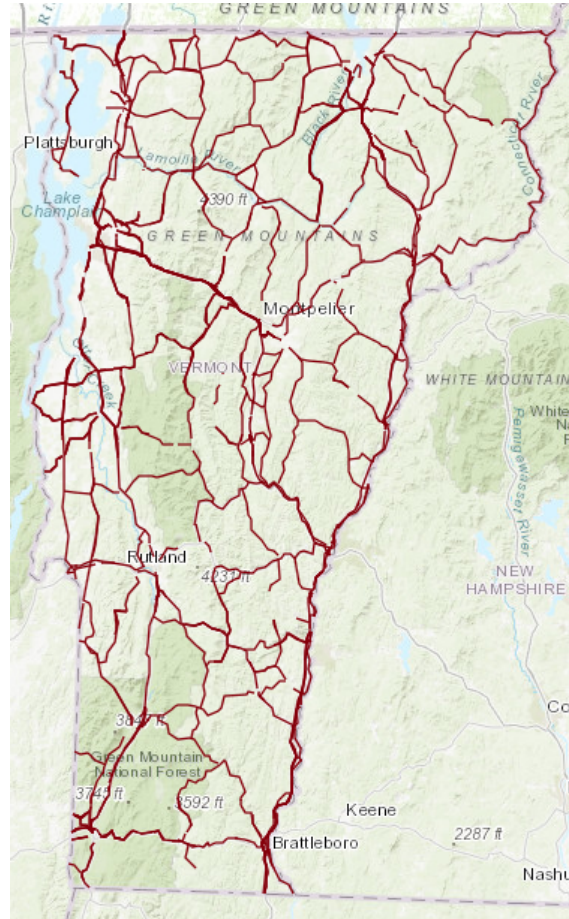
802-828-2828

General VTrans Info

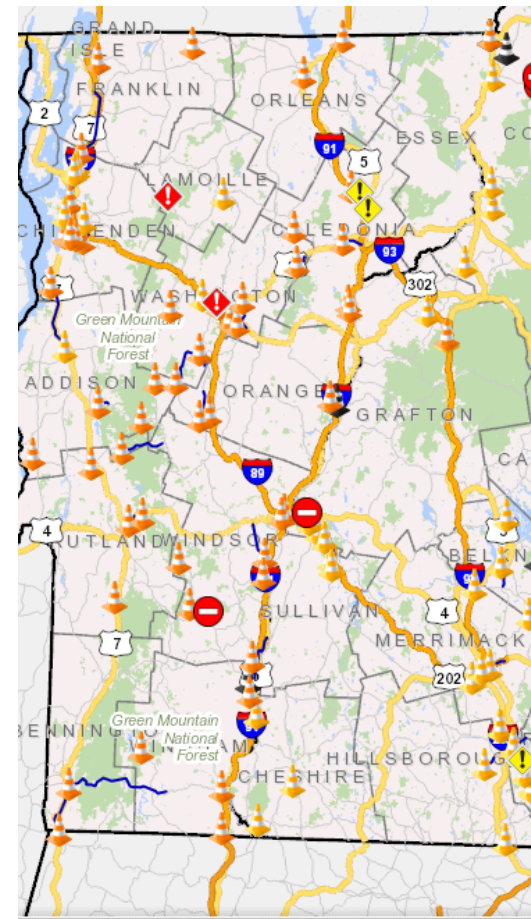
Street Sweeping Progress



Mowing Progress



Road Conditions 511



Snow Plow Progress

VTrans – go!Vermont

<http://www.connectingcommuters.org/>



Bus Information

LOCAL ROUTES
FIND BUS ROUTES IN YOUR AREA

LEARN MORE

CITY-TO-CITY
FIND BUS ROUTES TO CITIES

LEARN MORE

CALL US: Our Q/A Hotline **800-685-RIDE (7433)** is an easy way to get any questions you have about the bus answered by a real person. Ask us anything! From bus routes and scheduling to special services in your area. Call today.

BUS SCHEDULES: For available routes and schedules, you can find links to all the [local](#) and [city-to-city](#) bus service providers here in Vermont.

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Vermont Agency of Transportation

Go! Vermont

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[Carpool](#)

[Vanpool](#)

[CarShare](#)

[Biking](#)

[Ferries](#)

[Trains](#)



Volunteer Drivers

Giving Back By Giving Rides

Community Rides Volunteer Driver Program is a network of volunteer drivers managed through individual regional public transportation providers to offer cost effective transportation to community members in need of a ride.

What Does A Volunteer Driver Do?

- Volunteers provide seniors, individuals with a disability and Medicaid clients access to a variety of daily needs, including medical and social services.
- As a volunteer driver for Community Rides, you provide a vital connection for your community members.

Interested in volunteering? Volunteers are always needed. [Learn More](#)

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Veterans Services

Giving Veterans A Lift

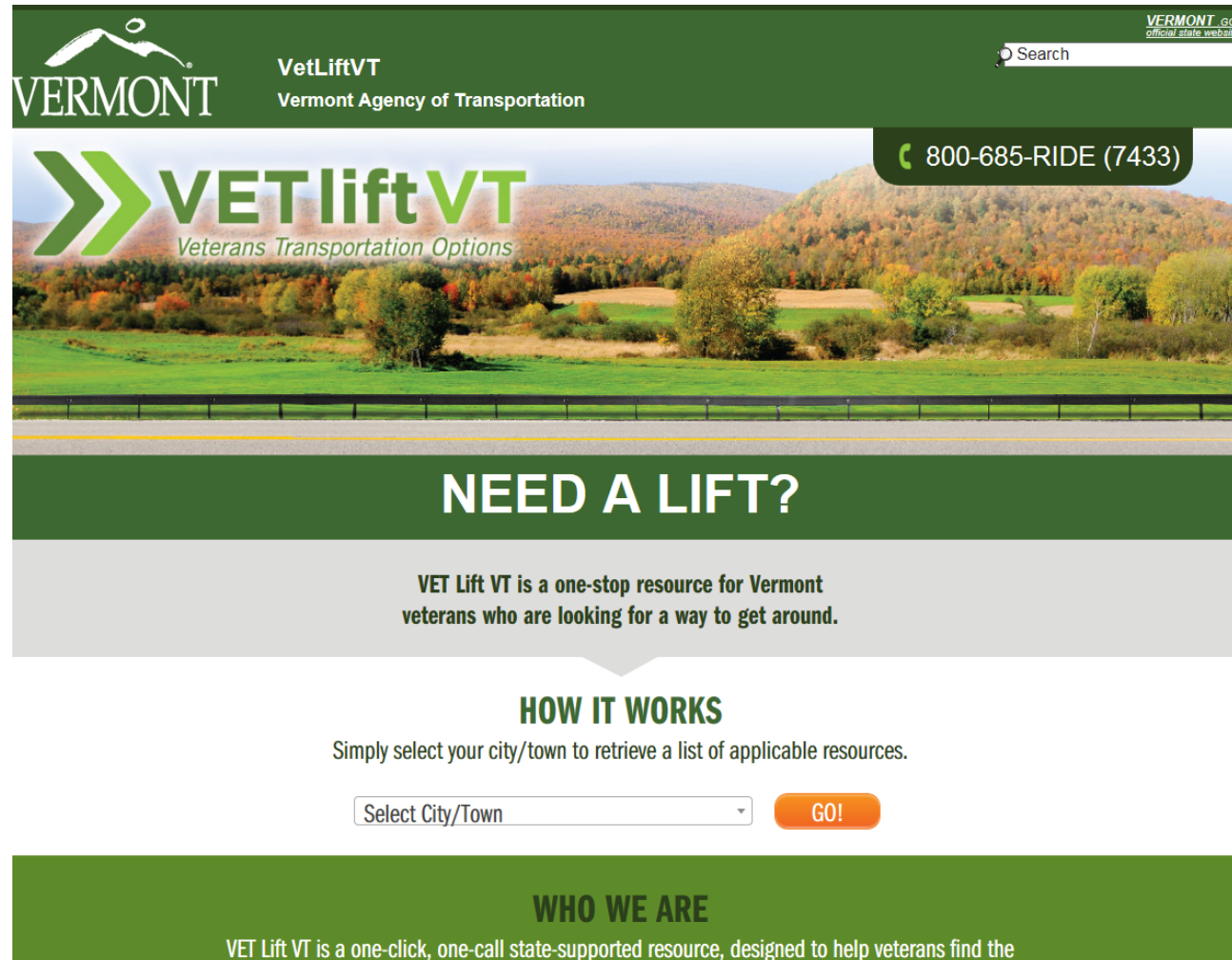
Vet Lift VT is a one-stop resource to help Vermont veterans find transportation options in their community.

Whether transportation is needed for doctor's appointments, work or for personal errands, here you can find a list of veteran-specific and public transportation options available for cities and towns throughout Vermont.

Need a lift? [Learn More](#)

VTrans – go!Vermont

<http://www.connectingcommuters.org/>



The screenshot shows the homepage of the VET Lift VT website. At the top left is the Vermont state logo with the word "VERMONT" below it. To its right is the text "VetLiftVT Vermont Agency of Transportation". In the top right corner, there is a search bar and the text "VERMONT GOV official state website". Below the navigation bar is a large banner image of a Vermont landscape with a road and mountains. Overlaid on the banner is the "VET lift VT" logo with the tagline "Veterans Transportation Options" and a phone number "800-685-RIDE (7433)". Below the banner is a dark green section with the text "NEED A LIFT?". Underneath that is a grey section with the text "VET Lift VT is a one-stop resource for Vermont veterans who are looking for a way to get around." Below this is a section titled "HOW IT WORKS" with the text "Simply select your city/town to retrieve a list of applicable resources." and a form with a dropdown menu labeled "Select City/Town" and a "GO!" button. At the bottom is a dark green section titled "WHO WE ARE" with the text "VET Lift VT is a one-click, one-call state-supported resource, designed to help veterans find the".

VERMONT VetLiftVT Vermont Agency of Transportation

VERMONT GOV official state website

Search

VET lift VT Veterans Transportation Options

800-685-RIDE (7433)

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VET Lift VT is a one-stop resource for Vermont veterans who are looking for a way to get around.

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Carpool

Find your perfect carpool buddy!

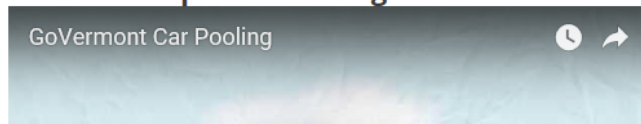
[Zimride](#) carpool matching service helps take the “what if” out of carpooling, by letting you find the right commute for your needs. You can see other riders’ profiles, and even set the financial arrangements up front.

[Try it now!](#)

See how it works with our Carpool matching video below, or just [jump in and check it out!](#)

Can’t find a ride through Zimride? Check out your local [Front Porch Forum!](#) This free community-building service helps neighbors connect by providing a forum specific to your neighborhood. Post a ride request or browse to see if others are looking to carpool.

See how carpool matching works!



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<http://www.connectingcommuters.org/>

Bus Information Carpool Vanpool CarShare Biking Ferries Trains



Vanpool

CREATE A VANPOOL. WE'LL GIVE YOU A VAN. IT'S THAT EASY.

How does it work?

If you have 5+ people who share a similar commute and schedule, you can create a vanpool. Go! Vermont and their partner vRide, provide the van.

Each rider pays a low monthly fee, which covers all the costs—gas, insurance, repairs—everything! No loan or down payment is needed. You and/or your co-worker drives and keeps it at their home.

LOW MONTHLY



INCLUDES VAN



DOOR TO DOOR



GAS CARD



USE THIS VAN TO COMMUTE FOR
AROUND \$100 PER MONTH



TYPICALLY SAVE 60% OR MORE OUT-OF-POCKET COST ON THEIR COMMUTE

Compare Costs by Mode of Transportation

Cost Per Day (per person)	SOV	Carpool for 2	12-Person Vanpool
30 RTM	\$24	\$12	\$5
50 RTM	\$31	\$16	\$6
100 RTM	\$52	\$26	\$9
Cost Per Month (per person)	SOV	Carpool for 2	12-Person Vanpool
30 RTM	\$470	\$235	\$92
50 RTM	\$608	\$304	\$106
100 RTM	\$1,038	\$519	\$172
Cost Per Year (per person)	SOV	Carpool for 2	12-Person Vanpool
30 RTM	\$5,638	\$2,819	\$1,095
50 RTM	\$7,296	\$3,648	\$1,271
100 RTM	\$12,456	\$6,228	\$2,054

SOV: Single Occupancy Vehicle. RTM: Round Trip Miles. Data from vRide and AAA, 2014, rounded up to next dollar.

Employee Benefits

- **Cut Commuting Costs In Half:** Simple and dramatic (60% or more) out-of-pocket cost savings on their commute, which can add up to thousands each year!
- **Add Life to Your Car:** Vanpooling takes hard commuting miles off employees' personal vehicles and saves on wear and tear expenses.
- **Never Get Stuck:** Our Guaranteed Ride Home benefit ensures that employees can get an emergency ride home if they didn't take their personal vehicle to work.
- **Green Feels Good:** People feel good when they know they're helping the environment. And speaking of "feeling good"...
- **Less Stress:** Vanpooling takes the stress out of commuting. Plus, it adds time back into each rider's day, to rest, socialize, network or even tackle their to-do-list.

